

A Food Bank for Westerham Can you help?



Supported by:

Westerham Town Council; Westerham and Crockham Hill Rotary Club;
Westerham Inner Wheel; Biggin Hill and Westerham Lions Club;
Westerham Childrens Centre; Churchill School, Westerham; St Mary's
Church; Westerham Congregational Church; Sevenoaks District Council;
Waitrose, Biggin Hill

In our picturesque town, there are families who struggle to put food on the table. We have one of the most deprived areas in the Sevenoaks district. Hard to believe – but it's true. Whatever the reason for this, children should not be the ones who suffer.

That's why a group of Westerham organisations have come together to set up and run a Food Bank for those in the town who are in need. This is not an enterprise to be undertaken lightly, for once started, it needs to be sustained..... every week of the year.

Families will be referred to the Food Bank by the Childrens Centre, or via Churchill School, and will collect a bag of non perishable food from the Bank every week until their circumstances change for the better. We will start by supporting a few families in the town, but expect that the numbers of those needing help will grow. We would like to be able to support as many as is needed.

To do this we need:

Donations of food (non-perishable and within sell by dates)

Breakfast cereal	Rice/pasta 1kg	Tinned tomatoes
Pasta sauces/stock	Tinned vegetables	Tinned fruit
Tinned meat	Tinned fish	Tinned soup
Baked beans	Fruit juice	Rice pudding/custard
Biscuits/crackers	UHT milk	Tea Bags
Coffee	Sugar	Toothpaste/toothbrush

Donation points which are being set up around the town at :

St Mary's Church, the Library, Congregational Church, Churchill Primary School, Waitrose in Biggin Hill, Childrens Hospice at Home shop, Westerham with others still to come.

Just come and leave your donations, they will be collected regularly and brought to Westerham Hall by members of the Rotary Club.

Volunteers...

Willing to give help on a Thursday afternoon in Westerham Hall to receive, sort, pack and sympathetically hand over donated food to families; to organise the storage of surplus food in the Hall and to keep basic records of what has been given out. Weekly, monthly, or when you can, we'd love to see you.

Contact us:

WESTERHAM'S FOOD BANK

c/o Russell House, High Street, Westerham TN16 1RA

Or phone: 01959 562147, 01959 565409 or 01959 562058

Or E-mail: westerhamfoodbank@mail4group.com