



Kent rural towns

Information Sheet 2

What is a Health Check?

A **Health Check** is a tool and a process to help people

- identify the strengths and weaknesses of their town and surrounding countryside
- obtain the information and ideas they need to influence and manage change
- provide an evidence base for creating an Action Plan

The Health Check helps people to create a Vision for the future, which leads to an Action Plan. The **Action Plan** will identify

- resources and funding required to achieve the Vision
- projects wanted and led by local people

A good **Action Plan** will make sure that all the projects complement each other and fit with existing initiatives in the area.

SEEDA has made available over £1 million in funding for projects arising from Health Checks, to be distributed to eligible small rural towns through the **Kent Rural Towns Programme**.

To find out more please contact Sue Beer, the Kent County Co-ordinator.
You can Email her at sue.beer@kent.gov.uk or telephone **01622 221936**.

Or search for Kent Rural Towns on KCC's website at www.kent.gov.uk